Lesson 18 – Romans 8:1-17 Christians Are No Longer Condemned
English Standard Version (ESV) Bethel Bible Resources

(1) There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. For God has done what the Law --- weakened by the flesh --- could not do. By sending His own Son in the likeness of sinful flesh and for sin, He condemned sin in the flesh, in order that the righteous requirement of the Law might be fulfilled in us…who walk not according to the flesh, but according to the Spirit!

(5) For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.

(7) For the mind that is set on the flesh is hostile to God, for it does not submit to God's Law; indeed, *it cannot*. Those who are in the flesh cannot please God.

(9) You, however, are not in the flesh but in the Spirit…if, in fact, the Spirit of God dwells in you! Anyone who does not have the Spirit of Christ does NOT belong to Him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

(12) So then, brothers, we are debtors --- not to the flesh, to live according to the flesh. For if you live according to the flesh *you will die,* but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are sons of God.

(15) For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" The Spirit Himself bears witness with our spirit that we are children of God, and, if children, then heirs --- heirs of God and fellow heirs with Christ --- provided we suffer with Him in order that we may also be glorified with Him.

Think on These Things

1) Are you a sinner? _____

2) Are you condemned to a sinner's eternal death in hell? Can you know for sure? How?

_____

_____

_____

3) Paul says this was "impossible" for the law to accomplish for us (v. 3). What undermined the law? What does he say God did to fix this tragic situation?

_____

_____

4) In vs. 6-8, what three phrases are used to describe the "mind set on the flesh?" From v. 7, what is the real cause of these negative adjectives?

Phrase 1 - _____

Phrase 2 - _____

Phrase 3 - _____

Root Cause? _____

5) The opening phrase of v. 9 helps to clarify the distinction between a believer and a non-believer. What is the difference? Take a look at these scriptures: John 3:1-6; Ephesians 1:11-14. How does v.9 end regarding people who do not have the Spirit of God within them? How does this make you feel? It kind of puts the kibosh on "*playing church*"…, doesn't it?!

What distinguishes a true believer? _____

_____

_____

No Spirit? _____

My thought --- _____

_____

6) If our obligation is not to live according to the flesh, what are we obligated to do (v. 12)? What if we can't do this, if we continue to live according to the flesh (v. 13)? Who helps us to "put to death" the deeds of the body (v. 13)?

Obligated to…? _____

Live by the flesh? _____

Who helps us? _____

7) Name the blessings from vs. 15-17 for those who are not under God's condemnation.

_____

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People and situations I want to pray for this week: